# OT/PT/O&M NEWSLETTER

MAY-AUGUST 2025

## Sensory-Friendly Events

### P.A.L.S. Sensory Friendly Movie

Parma-Snow Branch Library June 6, 7/12, 8/18: 11-1pm P.A.L.S. Sensory-Friendly Movie programs are for people on the autism spectrum (and their families), or for anyone who prefers this type of environment. They will be showing The Wild Robot 6/6. Registration requested. https://attend.cuyahogalibrary.org /event/13195679

#### Talespinners Children's Theatre

*Ista and Her Garden* May 17-26 Ista and Her Garden is an immersive sensory experience intended for ages 1-8. All shows at Talespinner's offer noise-reducing headphones, sunglasses, fidgets, coloring books, and pre-play tours where visitors come onstage, meet the actors, touch props, and learn more about the show. All shows have trigger warnings for potentially startling lights, noises, and movement. No full blackouts are used. Find out more at <u>https://talespinnercle.org/exception</u> <u>al-inclusion/</u>

## **Resource Spotlight**

## **Family Success Network**

The Family Success Network provides free family support services including

- Family coaching
- Parenting tips
- Money management
- Financial assistance
- Connections to communitybased supports

To refer your family or someone you know to this free program, fill in the online referral. They assign a family coach to work with you, coach you, and help you find resources and support.

https://www.wsccenter.org/fsn

## Visit Our Website

https://www.clevelandmetrosc hools.org/occupationalphysical-therapy

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## Sensory-Friendly Places

### Beck Center for the Arts' Creative Arts Therapies, Lakewood

Using art, movement, theater and music as therapeutic tools, individuals can address communication, academic, motor, emotional, and social skills as well as develop talents in the fine arts. Each participant receives individualized attention to meet his/her needs. Financial assistance available. For more: https://www.beckcenter.org/educa tion/creative-arts-therapies

#### **GLSC** for ME

Great Lakes Science Center Sundays 10 am-12 pm A special museum-wide sensory sensitive experience is available every Sunday 10-12. A sensory regulating space is located on Level 2 with low lighting, hands-on interactives, fidgets, and weighted blankets. Noise-reducing headphones are available for loan at the Box Office. https://greatscience.com/visit/acc

<u>essibility-amenities</u>

## Sensory-Friendly Places

#### Impett Park Playground

3207 W 153rd St, Cleveland New adaptive and inclusive park built on the westside of Cleveland. Families can enjoy a park that accommodates all levels of mobility, including ramps, sensory pads, and adaptive swings.

#### **Playhouse Square**

The site offers tips and social story videos to help prepare for the theatre experience: <u>https://www.playhousesquare.org/</u> <u>events-tickets/sensory-friendly-</u> <u>programming</u>

#### Calming Cove Sensory Room at Cleveland Metroparks Zoo

Located at the entrance of the Zoo's Primate, Cat, & Aquatics building, guests have the option to enter and calm their nervous system before returning to and enjoying the Zoo. There is now also a universal changing station near the Daniel Maltz Rhino Reserve. For more: <u>Calming Cove</u>